

The East Wing OCTOBER 2017 ACTIVITY CALENDAR

SUN	MON	TUES	WED	THURS	FRI	SAT
SUN	2 9am Fall Craft Lobby Sale 9am Sit & Be Fit (\$) 9:30am Cribbage 10:15am Chair Yoga & Beyond(\$) 11am Talking Points 12pm Poker 12:30pm Drop In New Canasta 12:30pm Adv Mah Jongg Lessons (\$) 1pm Woodcarving 1pm Camera Club 4:15pm Ride N Dine — Saranello's Wheeling 9 9am Sit & Be Fit (\$) 9:30am Cribbage 10am Bingo Home (\$) 10:15am Chair Yoga & Beyond(\$) 11am Talking Points 12pm Poker	TUES 3 9am Fall Craft Lobby Sale 9am Crafts & Charity 9:30am Beg Mah Jongg Lessons (\$) 10:30am Advanced Mah Jongg 11:30am Duplicate Bridge 12pm Drop In Bridge 12pm Rummikub 12pm Open Pinochle 12:30pm Beg/Inter Mah Jongg 11:30am Beg/Inter Mah Jongg 11:30am Beg Mah Jongg Lessons (\$) 10:30am Advanced Mah Jongg 11:30am Duplicate Bridge 12pm Drop In Bridge 12pm Rummikub 12pm Open Pinochle 12:30pm Beg/Inter Mah Jongg	9am Sit & Be Fit (\$) 10am Women's Book Club 10:15am Chair Yoga & Beyond(\$) 11am Beg Tai Chi (\$) 12pm Chef Jose Demo (\$) 12pm Poker 12:15pm Inter Tai Chi (\$) 1pm Podiatrist Appts (\$) 1pm Woodcarving 1:30pm Satish Computer Classes-By Appointment (\$) 11 9am Sit & Be Fit (\$) 9:30am Route 66 Trip (\$) 10:15am Chair Yoga & Beyond(\$) 11am Beg Tai Chi (\$) 12pm Poker 12:15pm Inter Tai Chi (\$)	9am Social Services 9am Crafts & Charity 9am Strength & Balance Class (\$) 9:30am New Canasta Lessons(\$) 10am Starlite Singers Chorus 11am Blood Pressure 11:30am Drop In Bridge 11:30am Rummikub 12pm Poker 12:15pm Canasta 12:30pm Dessert Day 12 9am Social Services 9am Crafts & Charity 9am Strength & Balance Class (\$) 9am NorthShore Screenings (\$) 9:30am New Canasta Lessons(\$) 10am Starlite Singers Chorus	FRI 6 9am Basic Exercise (\$) 10:30am Men's Roundtable 10:45am Barbara Rinella - Prince Charles (\$) 12:30pm Scrabble 1:30pm Chess Club 1:30pm Chess Club 1:30pm Creative Cards with Kay 10am Trip Planning Meeting 10:30am Men's Roundtable 12pm Men's Pinochle 12:30pm Scrabble	SAT
2pm C O N C E R T	12:30pm Drop In New Canasta 12:30pm Adv Mah Jongg Lessons (\$) 1pm Woodcarving 1pm Cinema Club-Free Movie & Popcorn BONGO Columbus Day 16 9am Sit & Be Fit (\$) 9:30am Cribbage 10:30am Bingo Away Lincolnwood Place (\$) 10:15am Chair Yoga & Beyond(\$) 11am Talking Points 12pm Poker 12:30pm Drop In New Canasta 1pm Woodcarving 1pm Fine Art Appreciation	12:30pm Beg/Inter Mah Jongg 17 9am Crafts & Charity 9:30am Beg Mah Jongg Lessons (\$) 10:30am Advanced Mah Jongg 11:30am Duplicate Bridge 12pm Drop In Bridge 12pm Rummikub 12pm Open Pinochle 12:30pm Beg/Inter Mah Jongg	1pm Woodcarving 1pm NorthShore Lecture Series 1:30pm Satish Computer Classes-By Appointment (\$) 18 9am Sit & Be Fit (\$) 10am NorthShore Pharmacy Talk 10:15am Chair Yoga & Beyond(\$) 10:30am Senior Jeopardy 11am NS Medicine Review 11am Beg Tai Chi (\$) 11:30am Lunch Bunch (\$) 12pm Poker 12:15pm Inter Tai Chi (\$) 1pm Woodcarving 1pm Podiatrist Appts (\$) 1:30pm Satish Computer	11am Blood Pressure 11:30am Drop In Bridge 11:30am Rummikub 12pm Poker 12:15pm Canasta 12:30pm Dessert Day 12:30pm Dessert Day 12:30pm Dessert Day 12:30pm Dessert Day 12:30pm Social Services 9am Crafts & Charity 9am Strength & Balance Class (\$) 9:30am New Canasta Lessons(\$) 9:30am New Canasta Lessons(\$) 9:30am Rem Starts 10am Program Starts 10am Starlite Singers Chorus 11:30am Brop In Bridge 11:30am Rummikub 12pm Poker 12:15pm Canasta 12:30pm Dessert Day	9am Basic Exercise (\$) 10:30am Men's Roundtable 12pm Oktoberfest (\$) 12pm Men's Pinochle 12:30pm Scrabble 1:30pm Chess Club	
	9am Sit & Be Fit (\$) 9:30am Cribbage 9:30am Intergenerational Program - Pleasant Ridge School 10am Exec & Advisory Boards Combined Meeting 10:15am Chair Yoga & Beyond(\$) 11am Talking Points 12pm Poker 12:30pm Drop In New Canasta 1pm Woodcarving 1pm Concert Music Appreciation	9am Crafts & Charity 10am Men's Book Club 10:30am Advanced Mah Jongg 11:30am Duplicate Bridge 12pm Drop In Bridge 12pm Rummikub 12pm Open Pinochle 12:30pm Beg/Inter Mah Jongg MEN'S BOOK GROUP	25 9am Sit & Be Fit (\$) 10am Integrative Cardiology 10:15am Chair Yoga & Beyond(\$) 11am Beg Tai Chi (\$) 12pm Poker 12pm AARP Driving Class (\$) 12:15pm Inter Tai Chi (\$) 1pm Woodcarving 1:30pm Satish Computer Classes-By Appointment (\$)	26 9am Social Services 9am Crafts & Charity 9am Strength & Balance Class (\$) 9:30am New Canasta Lessons(\$) 9:30am Medium at the Mansion Trip (\$) 10am Starlite Singers Chorus 11am Blood Pressure 11:30am Drop In Bridge 11:30am Rummikub 12pm Poker 12:15pm Canasta 12:30pm Dessert Day	9am Basic Exercise (\$) 10:30am Men's Roundtable 12pm Men's Pinochle 12pm AARP Driving Class (\$) 12:30pm Scrabble	
	30 9am Sit & Be Fit (\$) 9:30am Cribbage 10:15am Chair Yoga & Beyond(\$) 11am Talking Points 12:30pm Drop In New Canasta 1pm Woodcarving 1pm Halloween Program (\$)	9am Crafts & Charity 10:30am Advanced Mah Jongg 11:30am Duplicate Bridge 12pm Drop In Bridge 12pm Rummikub 12pm Open Pinochle 12:30pm Beg/Inter Mah Jongg			(\$) Additional Fee Ping Pong Available with a Partner	