

#getfitglenview

JOIN US FOR THESE FUN EVENTS!

Plus receive a water bottle

AND 2 week fitness membership*
(classes included)



EVENT SCHEDULE

When	Where	Description
W, June 26, 6-7 PM	Bearfoot in the Park Concert at Jackman Park Gazebo, Lehigh Ave. and Prairie St.	WERQ® - a fiercely fun and wildly addictive dance fitness class with pop, rock and hip hop music
Th, June 27, 5:30-6:30 PM	Luau Summer Pool Event at Flick Pool, 3600 Glenview Rd.	Zumba® - Dance fitness with fun, exhilarating Latin music
Th, July 11, 7-8 PM	Fiesta! Summer Pool Event at Roosevelt Pool, 2239 Fir St.	Aqua Zumba® - Brings the dance party to water
W, July 17, 10-11 AM	Family Yoga at Historic Wagner Farm, 1510 Wagner Rd.	Gentle Yoga - Perfect for the entire family
W, July 31, 6-7 PM	Bearfoot in the Park Concert at Jackman Park Gazebo, Lehigh Ave. and Prairie St.	Dance Fitness Class - A little bit of WERQ®, Zumba and a lot of fun
F, Aug. 2, 9, 16, 23, 6-7 PM	Park Center Lakeview Patio Lawn, 2400 Chestnut Ave.	Lakeside Yoga Classes
Tu, Sept. 10, 12-12:30 PM	Gallery Park, 2400 Chestnut Ave. (Meet in Park Center main lobby)	Walking Fun! A personal trainer will take you to the steps to get you motivated
W, Sept. 18, 7-7:30 AM	Gallery Park, 2400 Chestnut Ave. (Meet in Park Center main lobby)	Walking Fun! A personal trainer will take you to the steps to get you motivated
Th, Sept. 26, 6-6:30 PM	Gallery Park, 2400 Chestnut Ave. (Meet in Park Center main lobby)	Walking Fun! A personal trainer will take you to the steps to get you motivated

No purchase or fitness experience necessary.

*Limit one per person. Some restrictions may apply.

